



# teacher training registration form

**Class registering for:**

200hr Weekend Intensives:  Spring \_\_\_\_\_ (Year)  Fall \_\_\_\_\_ (Year)

300hr Deep Level Wellness & Yoga Leadership:  Retreat Only  Fall \_\_\_\_\_ (Year) *Note: you will be contacted by email to set up a telephone interview, and mailed additional essay questions*

**Name:** \_\_\_\_\_

**Street address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Home phone:** \_\_\_\_\_ **Work phone:** \_\_\_\_\_

*Emergency contact information*

**Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Current yoga practice (taking classes, home practice, videos):** \_\_\_\_\_

**How long have you been studying and practicing yoga? (Please mention any teachers or workshops)**

**Please share your motivation for wanting to teach yoga:** \_\_\_\_\_

**What training or experience in your background might you draw on as a yoga teacher (university or medical degree, massage background, teaching experience, fitness or dance instructor, etc.)?** \_\_\_\_\_

**Check the area of most interest to you in this training:**

- Learning asanas (alignment, etc.)
- Meditation techniques
- Pranayama (breath work)
- Business (liability insurance, marketing)

- Anatomy/physiology
- Yoga history, philosophy
- Learning to work with a group
- Increase general knowledge

*I understand that participation in this activity is completely voluntary. I hereby waive and release Sun Moon Studios, its employees and instructors of any liability in case of an accident. I know as part of Sun Moon teacher training I may be photographed. I give my consent to use these photos for Sun Moon promotional purposes. **I have filled out and signed the health history form on the back.***

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

